

## **Inaugural Mental health event for UCU at The Manchester University - Tuesday 30th October 2018**

We are delighted to say that in reading week we have our inaugural event for the new Mental health network of the UCU branch at The University of Manchester. It is to be held from **10am to 2:00pm on Tuesday 30th October 2018 in room 4.38 Simon Building on the University's South Campus**. UCU colleagues from across all branches in the North West are also very welcome.

The aim of the event is to launch the branch's mental health network to help support UCU members who are or have experienced mental health problems when at work.

The agenda for the event will include:

- A welcome from Vicky Knight, the President of the UCU and specialist in mental health first aid at Manchester College, Kirsty Keywood, Senior Lecturer at the School of Law and Lawrence Benson, Senior Lecturer in Healthcare and Public Sector Management.
- The legal context for mental health and illness within work - Roger Walden, Visiting Lecturer Alliance Manchester Business School
- UCU national policy and best practice for health and safety with reference to mental health and illness - Adam Lincoln, UCU national Bargaining and Negotiations Official (Health, Safety and Sustainability).
- Sharing a personal story of having a mental health condition whilst at work - Lawrence Benson
- The University of Manchester's Counselling service to outline the help available from the University when you experience a mental health problem.
- How you want the UCU to plan supporting colleagues with mental health problems at branch, regional and national levels.
- Intended outcomes from the event will include actions and commitment to sustain our new mental health network and for the UMUCU branch to adopt the Union's draft Mental health charter.

It would be lovely to see you at the event.

Kirsty Keywood and Lawrence Benson